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CLAIM AMENDMENT:

1.(Currently Amended) An orally administrable composition for alleviating the symptoms of upper intestinal discomfort such as pain and cramping comprising a mixture containing an aloe vera extract including acemannan, mixed with L-glutamine, L-glycine, and a pharmaceutically acceptable carrier, the composition formulated for oral administration, the aloe vera extract being present at an amount sufficient to provide from about 7.5-75 mg. acemannan 30-300 mg., when the extract contains about 25 % acemannan, the L-glutamine present at from about 200-5000 mg, the L-glycine present at from about 100-800 mg..

2. (Cancelled).

3. (Currently Amended) The composition of claim 1 wherein the aloe vera extract is present at an amount sufficient to provide from about 12.5-37.5 mg. acemannan 60-150 mg. when the extract contains about 25% acemannan.

4. (Original) The composition of claim 1 wherein the aloe vera extract is present at about 60 mg.

5. (Cancelled).

6. (Original) The composition of claim 1 wherein the L-glutamine is present at from about 500-1500 mg.

7. (Original) The composition of claim 1 wherein the L-glutamine is present at about 600 mg.

8. (Cancelled).

9. (Cancelled).

10.(Original) The composition of claim 1 wherein the L-glycine is present at from about 200-700 mg.

11.(Original) The composition of claim 1 wherein the L-glycine is present at about 500 mg.

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